### Confirmation of the carrying out (7)

**produc+s** !! ★ Items to bring in an emergency: generally common

| AA PD article( always put it in the safe place as a spare) |  |                             |  |                            |
|--|--|-----------------------------|--|----------------------------|
| əltsidW  |  | A bank notebook, A seal     |  | PD handbook(TOPPIE)        |
| First –aid kit   |  | (enicinem lato) Amedicine   |  | Health insurance copy      |
| Storage food the third day                                 |  | Storage food the second day |  | Storage food the first day |
| Drinking water   |  | Lap Film                    |  | əussif A                   |
| Toothpaste   |  | Towel                       |  | Soap                       |
| Under wear, rain jacket                                    |  | 10 yen coins                |  | Cash                       |
| Cells  |  | Radio                       |  | Flash light                |
| Mask   |  | Plastic bag                 |  | Gloves,work gloves         |
| neneqo nsO,etinX   |  | elbnsO,eerbism to xod       |  | Воду магтег                |
| Sleeping bag,Blanket                                       |  | Rope, String                |  | seodS , temleH             |

|    | Trash bag ,Scissors   |   | An S character hook  |  |  |  |  |
|----|---|---|--|--|--|--|--|
|    | A Spring balancer   |   | Wet tissue   |  |  |  |  |
|    | towel ,blanket (a box of the firing styrene)                                      |   | Catheter care set, Cotton<br>swab, Disinfectant, Gauze, tape               |  |  |  |  |
|    | A warming bag for carrying which patients can use the power supply of the car for |   | More than Cairo ten for carrying<br>(for warming dialytic fluid)           |  |  |  |  |
|    | ban)<br>A cassette cooker (water/a  |   | Equipment parts ,a kit complete set  |  |  |  |  |
|    | Pouch for bathing use   |   | Four cases of dialytic fluid (for twin bags)<br>It is always secured stock |  |  |  |  |
| 蘇点 | (新萃V風な錦石:8)目頁   | 劵点  | (要 <b>心</b> :A)目頁  |  |  |  |  |
|    | bisce se s ebsie)   | *A PD article ( always put it in the safe place as a spare) |  |  |  |  |  |

Soak it in the hot water of the right temperature Wrap it in a blanket and a towel. Hold it and sleep (Warm it in body warmth). \*How to warm dialytic fluid: Use Cairo for carrying
Wree it is a bleaket and a towel Hold it and along

| Treatment<br>machinery supplier<br>Company name | Communication contents:<br>Your name,Institution<br>name,present status |   | ( ) —<br>Mobile phone    |  |
|---|---|---|--------------------------|--|
| A underlying disease                            |   | Dialysis introd                                       | uction date / / /        |  |
| Blood type ( )                                  | Rh( + -)  | Infection disease( Yes . No )                         |                          |  |
| The kind of health insurar                      | nce card,number   | Certificate of specific illness medical treatment No. |                          |  |
| An identification of handic recipient No.       | apped person cost   | A certificate of th<br>No.                            | e physically handicapped |  |

| following address for communication.             |   |   |  |  |  |
|--|---|---|--|--|--|
|  | Address   | Phone number                            |  |  |  |
| Home   |   | ( ) —<br>Mobile phone<br>E-mail address |  |  |  |
| Emergency①  **Name  **Relation                   |   | ( ) —<br>Mobile phone<br>E-mail address |  |  |  |
| Emergency② <b>※Name ※Relation</b>                |   | ( ) —<br>Mobile phone<br>E-mail address |  |  |  |
| Dialysis Center<br>*Institution name<br>*Dr Name |   | ( ) —<br>Mobile phone<br>E-mail address |  |  |  |
| Treatment<br>machinery supplier<br>Company name  | Communication contents:<br>Your name,Institution<br>name,present status | ( ) —<br>Mobile phone                   |  |  |  |

| rease progress in rearest emergency medical institution when i<br>had some kind of abnormal state. In addition ,please ask the<br>following address for communication. |         |   |  |  |  |
|--|---------|---|--|--|--|
|  | Address | Phone number                            |  |  |  |
| Home   |         | ( ) —<br>Mobile phone<br>E-mail address |  |  |  |
| Emergency① <b>※Name ※Relation</b>  |         | ( ) —<br>Mobile phone<br>E-mail address |  |  |  |
| Emergency②  **Name  **Relation   |         | ( ) —<br>Mobile phone<br>E-mail address |  |  |  |
| Dialysis Center<br>**Institution name  |         | ( ) —<br>Mobile phone                   |  |  |  |

| Pocket card | for disasters '     | 1 |
|-------------|---------------------|---|
| Pet name    | : Toppie!           |   |
|             | Date of birth / / / |   |

|                                      | Date of birth    |      | /    | /    | /    |       |
|--------------------------------------|------------------|------|------|------|------|-------|
| Name                                 | age (            | )    | se   | ×(   |      | )     |
| I take treatment of Peritoneal Dialy | sis for a Chroni | ic k | (idn | ey D | isea | ase . |

#### evacuation Diet management during

■ Quantity of water to drink: hold it down to 400mL on a day. directly, it is important to keep sodium restriction in mind. Because it influences body weight gain ■Salt: Please always aim for half intakes.

intakes in degree more, and avoid as possible high When treatment is not possible, do half of the ■ Potassium: The hyperkalemia is connected directly with death. When urine appears, let's control it within 400mL + volume

Remove pickled plums in the rice ball. Soy sauce / the source will not be missing. ■ Delivery food: Let's avoid the high thing of salt / the potassium.

#### A free mention column

It is possible for dialing by mobile phone

| The recording of the message       | Playing message                                     |
|------------------------------------|---|
| ①Dial 「171」                        | ①Dial「171」  |
| ②In case of recording dial「1」      | ②In case of playing message dial 「2」                |
| ③Dial area code+ your phone number | ③ Dial area code+your phone number or disaster area |
| ★Record within 30second            |   |

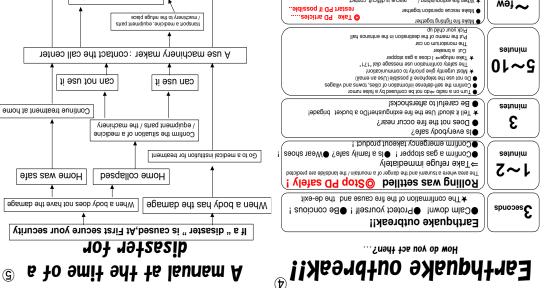
| Refuge place             | A set place (address) |
|--------------------------|-----------------------|
| 1                        |                       |
| 2                        |                       |
|                          |                       |
| The managed and of the m | Diamina               |

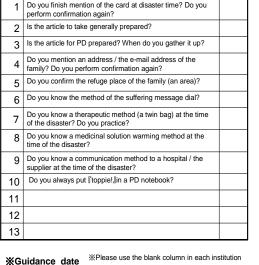
| Family name (relation)    | ) | An address (phone number) |   |   | E-mail address |  |
|---------------------------|---|---------------------------|---|---|----------------|--|
| (                         | ) | (                         | ) | _ |                |  |
| (                         | ) |                           |   |   |                |  |
| (                         | ) |                           |   |   |                |  |
| (                         | ) |                           |   |   |                |  |
| (                         | ) |                           |   |   |                |  |
| A refuge place of my home |   |                           |   |   |                |  |

## Contact !!

A message dial for disasters

# Confirmed periodically





2009

couvey a refuge place and an address tell it whether treatment is in condition to be it

convey patient full name, both full names of the substitute person

report the situation to the medical institution that you go

Home collapsed

401 491262 tor

continue treatment in refuge

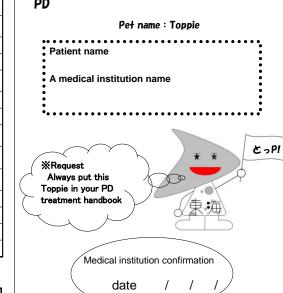
can not use it

Continue treatment at home

Home was safe

When a body does not have the damage

half year



Tokai CAPD nursing Association's disaster Response Team 2006.4

■ Do it mainly on self-defense
■ Follow a rule

not overdo it! 

Endure it, and help each other! villages with care! ● Do not enter the broken house! ● Do

Ask the public information information of cities, towns and

● Serve the daily necessities by storage!Water,food,radio...)

ın refuge

≥3days

ponts

Do consideration to a person supporting at the time of a disaster

© Secure a safe place, and restart PD

The disaster response handbook for

Of the emergency